



SteadēSolutions Coaching

Client Welcome Packet

CONTACT INFORMATION

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Welcome

Thank you for inviting me on this professional and life journey with you!

I am committed to supporting and guiding you while seek out opportunities for walking in your purpose and achieving your professional and life goals. Along the way, we will be checking in on your progress using some helpful tools that I will provide you. I encourage you to express what you feel is working and what isn't working for you as we work with one another. Your feedback helps me to support and guide you better.

This welcome packet is designed to provide you with important information as we begin our journey together. I hope to answer some questions that you may have and provide you with some insight as to how we will work together. To help me align to what you would like to focus on, I have included some forms that I would like for you to review, complete and return to me. There will be more detailed directions on this in the upcoming sections of the welcome packet.

During our first session, we will talk a little more in depth about your goals for coaching and discuss any questions that you may still have after reading your welcome packet. Typically, this session lasts about one hour. If you have any questions prior to our first session, please contact me at grow@steadesolutions.com or call me at 678.820.9541.

I look forward to working with you. Congratulations on taking this step towards achieving your goals.